

WESTON CREEK REDBACKS LITTLE ATHLETICS

CHRISTMAS PARTY!!!

Under 6	Tug Of War!	Ball & Spoon	Three Legged Race	Bon Bon Relay	Sand Flags	Sack Race	Donuts	See If You Can Complete The Amazing Obstacle Course
Under 7	Ball & Spoon	Three Legged Race	Bon Bon Relay	Sand Flags	Sack Race	Donuts	Xmas Shot Putt	
Under 8	Three Legged Race	Bon Bon Relay	Sand Flags	Sack Race	Donuts	Xmas Shot Putt	Tug Of War!	
Under 9	Bon Bon Relay	Sand Flags	Sack Race	Donuts	Xmas Shot Putt	Tug Of War!	Ball & Spoon	
Under 10	Sand Flags	Sack Race	Donuts	Xmas Shot Putt	Tug Of War!	Ball & Spoon	Three Legged Race	
Under 11	Sack Race	Donuts	Xmas Shot Putt	Tug Of War!	Ball & Spoon	Three Legged Race	Sand Flags	
Under 12	Donuts	Xmas Shot Putt	Tug Of War!	Ball & Spoon	Three Legged Race	Sand Flags	Sack Race	
Under 13-15	Donuts	Tug Of War!	Build Obstacle Course					

Each session is for 10 minutes (7 sessions = 70 mins) plus 10 mins doing the obstacle course and 10 mins for a special visitor