

## Coaching Wednesday 6-7pm

### All coaching at Chapman Oval

26-Oct	Wednesday	6-7pm	Chapman	Oval	Sprints / Endurance
2-Nov	Wednesday	6-7pm	Chapman	Oval	Horizontal Jumps
9-Nov	Wednesday	6-7pm	Chapman	Oval	Throws
16-Nov	Wednesday	6-7pm	Chapman	Oval	Hurdles
30-Nov	Wednesday	6-7pm	Chapman	Oval	Sprints / Endurance
7-Dec	Wednesday	6-7pm	Chapman	Oval	Horizontal Jumps
1-Feb	Wednesday	6-7pm	Chapman	Oval	Throws
8-Feb	Wednesday	6-7pm	Chapman	Oval	Hurdles
15-Feb	Wednesday	6-7pm	Chapman	Oval	Sprints / Endurance
22-Feb	Wednesday	6-7pm	Chapman	Oval	Horizontal Jumps
1-Mar	Wednesday	6-7pm	Chapman	Oval	Throws
8-Mar	Wednesday	6-7pm	Chapman	Oval	Hurdles
15-Mar	Wednesday	6-7pm	Chapman	Oval	Sprints / Endurance