

WESTON CREEK LITTLE ATHLETICS CENTRE RECORDS

The following are the best performances recorded by Weston Creek athletes at the Centre Competitions, Centre Championships, the ACTLAA Regional Carnival, the ACTLAA Championships or the Australian Little Athletics Championships since the 1979-80 season. The information is updated at the end of each season. Times recorded by hand-held stopwatches and manually started timing gates are always rounded up to the nearest tenth of a second. Where a time is shown to the hundredth of a second it was electronically recorded, and will be shown as an equal Centre record if it is within the standardised hand held time (+0.24 seconds up to 300m and +0.14 for 400m to a hand-held record) and betters or equals the current electronic record because of the average discrepancy between the hand-held and electronic timing systems. *Records in italics are for events which are no longer contested or for which event specifications are no longer current.*

GIRLS

Under 6 Girls

50 Metres	M. Corban	9.5	1982/83
70 metres	M. Corban	11.2	1982/83
100 Metres	M. Corban	16.3	1982/83
200 Metres	J. Middleton	41.4	1993/94
Long Jump	K. Brown	2.70	1980/81
	A. Ruting	2.70	1986/87
Shot Put (1 kg)	H. Berg	3.98	1982/83
Discus (350 gm)	Z. Sefo	11.55	2014/15

Under 7 Girls

50 Metres	B. Burgoyne	9.2	1991/92
70 metres	K. Brown	12.3	1981/82
100 Metres	I. Valdez	17.6	1990/91
200 Metres	A. Ellwood	37.4	1984/85
	J. Middleton	37.4	1994/95
<i>400 Metres</i>	<i>A. Ellwood</i>	<i>1:21.0</i>	<i>1984/85</i>
Long Jump	A. Ellwood	3.20	1984/85
Shot Put (1 kg)	S. Scott	5.25	2000/01
Discus (350 gm)	A. Watson	13.51	2003/04

Under 8 Girls

50 Metres	M. Stanley	8.6	1991/92
70 metres	P. Holland	11.2	1988/89
100 Metres	P. Holland	16.1	1988/89
	M. Stanley	16.1	1991/92
200 Metres	A. Gutteridge	33.6	1989/90
<i>400 Metres</i>	<i>A. Ellwood</i>	<i>1:15.0</i>	<i>1985/86</i>

60 Metre Hurdles	S. Crittenden	12.3	1998/99
Long Jump	I. Valdez	3.54	1991/92
<i>Shot Put (1 kg)</i>	<i>A. Ellwood</i>	<i>5.88</i>	<i>1985/86</i>
Shot Put (1.5 kg)	Z. Sefo	6.28	2016/17
Discus (500 gm)	M. Tifan	16.17	1988/89

Under 9 Girls

70 Metres	P. Holland	11.0	1989/90
	M. Stanley	11.0	1992/93
100 Metres	M. Stanley	15.3	1992/93
200 Metres	I. Valdez	32.8	1992/93
400 Metres	A. Gutteridge	1:13.5	1990/91
800 Metres	A. Ellwood	2:47.0	1986/87
60 Metre Hurdles	L. Green	11.4	1998/99
700 Metre Walk	I. Valdez	4:09.0	1992/93
<i>800 Metre Walk</i>	<i>K. Brown</i>	<i>5:46.0</i>	<i>1983/84</i>
Long Jump	I. Valdez	3.74	1992/93
High Jump	A. Wilford	1.18	2010/11
Shot Put (2 kg)	K. Rose	6.61	1995/96
Discus (500 gm)	S. Wilford	17.91	2012/13

Under 10 Girls

70 Metres	S. Crittenden	10.5	2000/01
100 Metres	A. Minns	14.9	1981/82
	M. Taylor	14.9	1991/92
200 Metres	I. Valdez	30.8	1993/94
	S. Crittenden	30.98	2000/01
400 Metres	I. Valdez	1:10.0	1993/94
800 Metres	E. Jagers	2:46.2	1979/80
1500 Metres	A. Ellwood	5:27.0	1987/88
60 Metre Hurdles	C. Hand	10.5	1979/80
<i>700 Metre Walk</i>	<i>D. Morrison</i>	<i>4:36.2</i>	<i>1992/93</i>
<i>800 Metre Walk</i>	<i>K. Chamberlain</i>	<i>4:53.0</i>	<i>1981/82</i>
	<i>M. Hayman</i>	<i>4:53.0</i>	<i>1984/85</i>
1100 Metre Walk	G. Millan	6:43.30	2007/08
Long Jump	I. Valdez	4.03	1993/94
High Jump	K. Rose	1.25	1996/97
Shot Put (2 kg)	K. Rose	7.90	1996/97
Discus (500 gm)	S. Wilford	23.29	2013/14

Under 11 Girls

100 Metres	K. Bomben	13.88	2001/02
200 Metres	I. Valdez	28.8	1994/95
400 Metres	K. Bomben	1:06.14	2001/02
800 Metres	N. Torley	2:26.45	2007/08
1500 Metres	N. Torley	5:02.11	2007/08
60 Metre Hurdles	H. Lonie	10.7	1995/96
1100 Metre Walk	K. Baker	6:03.01	2008/09
1500 Metre Walk	<i>L. Austin</i>	<i>9:44.0</i>	<i>1985/86</i>
Long Jump	J. Djuric	4.45	1989/90
Triple Jump	A. Minns	9.00	1982/83
High Jump	S. Wilford	1.32	2014/15
Shot Put (2 kg)	P. Holland	9.59	1991/92
Discus (750 gm)	P. Holland	25.76	1991/92
Javelin (400 gm)	S. Wilford	21.00	2014/15

Under 12 Girls

100 Metres	A. Minns	13.7	1983/84
200 Metres	I. Valdez	27.9	1995/96
400 Metres	S. Crittenden	1:05.1	2002/03
800 Metres	J. Reid	2:34.6	1990/91
1500 Metres	J. Reid	5:15.1	1990/91
60 Metre Hurdles	K. Brown	10.1	1986/87
1500 Metre Walk	K. Baker	8:28.75	2009/10
Long Jump	A. Minns	4.59	1983/84
Triple Jump	A. Minns	10.39	1983/84
High Jump	K. Rose	1.45	1998/99
Shot Put (2 kg)	K. Rose	10.72	1998/99
Discus (750 gm)	K. Davidson	24.32	1996/97
Javelin (400 gm)	K. Rose	26.84	1998/99

Under 13 Girls

100 Metres	C. Mertens	13.2	2000/01
200 Metres	C. Bissett	27.67	2006/07
400 Metres	C. Bissett	1.00.90	2006/07
800 Metres	J. Reid	2:27.9	1991/92
1500 Metres	J. Reid	5:06.6	1991/92
60 Metre Hurdles	R. Linz	10.5	1983/84
80 Metre Hurdles	A. Cholewick	13.47	2014/15
90 Metre Hurdles	L. Coutts	15.3	1989/90
1500 Metre Walk	C. Worrall	7:40.0	2001/02
Long Jump	J. Djuric	4.83	1991/92
Triple Jump	D. Hayman	10.62	1985/86
High Jump	K. Rose	1.47	1999/2000
Shot Put (3 kg)	P. Holland	11.10	1993/94
Discus (1 kg)	P. Holland	31.12	1993/94
Javelin (400 gm)	K. Rose	27.01	1999/2000
Javelin (600 gm)	J. Reid	24.76	1991/92

Under 14 Girls

100 Metres	S. Mertens	13.35	2001/02
200 Metres	J. Mertens	27.23	2001/02
400 Metres	J. Reid	1:00.8	1992/93
800 Metres	J. Reid	2:23.1	1992/93
1500 Metres	E. McGowan	5:23.1	1995/96
60 Metre Hurdles	F. Harper	11.9	1986/87
80 Metre Hurdles	A. Cholewick	13.9	2015/16
90 Metre Hurdles	J. Reid	15.8	1992/93
200 Metre Hurdles	A. Cholewick	33.25	2015/16
1500 Metre Walk	C. Worrall	7.45.94	2002/03
Long Jump	A. Hoshovsky	4.89	2009/10
Triple Jump	A. Hoshovsky	10.21	2009/10
High Jump	S. Morris	1.50	1995/96
Shot Put (3 kg)	P. Holland	11.39	1994/95
Discus (1 kg)	P. Holland	34.38	1994/95
Javelin (600 gm)	J. Reid	27.24	1992/93

Under 15 Girls

100 Metres	J. Reid	13.1	1993/94
200 Metres	J. Reid	28.2	1993/94
400 Metres	J. Reid	1:01.4	1993/94
	E. McGowan	1:01.51	1996/97
800 Metres	J. Reid	2:21.3	1993/94
1500 Metres	J. Reid	4:56.9	1993/94
90 Metre Hurdles	A. Cholewick	13.95	2016/17
200 Metre Hurdles	A. Cholewick	34.90	2016/17
1500 Metre Walk	C. Worrall	7:33.71	2003/04
Long Jump	J. Reid	4.87	1993/94
Triple Jump	E. McGowan	10.68	1996/97
High Jump	A. Cholewick	1.48	2016/17
Shot Put (3 kg)	P. Holland	12.17	1995/96
Discus (1 kg)	P. Holland	34.88	1995/96
Javelin (600 gm)	J. Reid	30.70	1993/94

Under 16/17 Girls

100 Metres	A. Cholewick	12.89	2017/18
200 Metres	A. Cholewick	28.96	2017/18
400 Metres	B. Pyke	1:12.44	2017/18
800 Metres	A. Cholewick	2:59	2017/18
1500 Metres	L. Bolton	6:41.00	2016/17
100 Metre Hurdles	A. Cholewick	15.12	2017/18
200 Metre Hurdles	A. Hoshovsky	34.15	2012/13
300 Metre Hurdles	A. Cholewick	1:00.41	2017/18
1500 Metre Walk	C. Worrall	7:42.37	2004/05
Long Jump	A. Cholewick	4.98	2017/18
Triple Jump	G. Gee	10.14	2017/18
High Jump	A. Cholewick	1.45	2017/18
Shot Put (3 kg)	K. Baker	10.92	2014/15
Discus (1 kg)	K. Baker	32.13	2014/15
Javelin (600 gm)	R. Prince	26.98	2006/07